

Belle Plaine Swim Team 2019

Swimmers should know the basic strokes and breathing techniques from swimming lessons: freestyle, back stroke, breast stroke. Butterfly stroke starts in the 9-10 age division. Kids must be able to swim the length of the pool without stopping prior to the first meet.

Age group for swimmers are: 8 and under, 9-10, 11-12, 13-14 & 15-18. (As of June 1st.) All members will swim at the meets.

Daily practice (Monday-Friday) is from 4:30 to 5:15 starting on May 28th. Kids are to gather outside the pool gate and not enter the pool area until instructed to do so. A lifeguard is always on duty. If the pool closes due to inclement weather there will be no practice.

Girls must wear a one piece swimsuit. Snug fitting suits are recommended for both boys and girls. Good goggles are highly recommended but not required. Swim caps are optional.

There will be four meets on Saturday mornings in June. The dates and places of the meets are June 8-Mulvane, June 15-Conway Springs, June 22-Belle Plaine, June 29-Clearwater. The meets start at 8 a.m. and are usually over between noon and 1:00. Swimmers should be at the meet by 7 so they can get in the water for warm-ups starting at 7:15.

Coaches are Mike and LaVerna Doyle. For more information call 316-524-1237.

Registration/money must be turned in to the Belle Plaine City Building by May 10, 2019.

Belle Plaine Swim Team 2019

Name: _____

Birthday: _____ T-shirt size: _____

Parent/Guardian: _____

Email: _____

Phone: _____ Emergency contact: _____

T-shirt *sizes for family members* (\$10 each): _____

Member fee \$15 ___ Paid Family t-shirts: Quantity ___ x \$10 ___ Paid

Medical/Health issues we should be aware of: _____
